MAYO CLINIC LABORATORIES

1-800-533-1710

UIOD

Iodine, 24 Hour, Urine

Patient ID	Patient Name		Birth Date	Sex	Age
SA00174825	TESTINGRNV, UIODABNORMAL		1991-08-15	F	33
Order Number	**Client Order Number**	**Ordering Physician**	**Report Notes**		
SA00174825	SA00174825	CLIENT,CLIENT			
Account Information		**Collected**			
C7028846 DLMP Rochester		17 Mar 2025 00:00			

Iodine, 24 Hr, U

Iodine Concentration Interpretation

[1] SDL

WORLD HEALTHCARE ORGANIZATION (WHO) CRITERIA FOR ASSESSING IODINE STATUS

Children >6 Years Old and Adults:
<20 mcg/L - Insufficient intake, severe iodine deficiency
20–49 mcg/L - Insufficient intake, moderate iodine deficiency
50–99 mcg/L - Insufficient intake, mild iodine deficiency
100–199 mcg/L - Adequate intake, adequate nutrition
200–299 mcg/L - Above intake requirements, may pose a slight risk of more than adequate nutrition
>299 mcg/L - Excessive intake, risk of adverse health consequences

Pregnant Women:
<150 mcg/L - Insufficient intake
150–249 mcg/L - Adequate intake
250–499 mcg/L - Above requirements
>499 mcg/L - Excessive intake

Lactating Women:
<100 mcg/L - Insufficient intake
>99 mcg/L - Adequate intake

Iodine, 24 Hr, U

SDL

Reference Value
75–851

1280 mcg/24 h

High

Iodine Concentration

SDL

1067 mcg/L

Collection Duration (h)

SDL

24 h

Volume (mL)

SDL

1200 mL

Received: 18 Mar 2025 15:55 **Reported:** 18 Mar 2025 16:13

Laboratory Notes

[1] This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

Performing Site Legend

Code	Laboratory	Address	Lab Director	CLIA Certificate
SDL	Mayo Clinic Laboratories - Rochester Superior Drive	3050 Superior Drive NW, Rochester MN 55905	Nikola Baumann Ph.D.	24D1040592